

ARIZONA SUBSTANCE ABUSE PARTNERSHIP

February 27, 2025, at 1:00 PM // Hybrid Meeting

A general meeting of the Arizona Substance Abuse Partnership was convened on February 27, 2025, in virtual format at the Governor's 2nd Floor Conference Room, 1700 West Washington Street, Phoenix, Arizona 85007, notice having been duly given.

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Members Present (13)
Dr. Sara Salek, Vice Chair, Copa Health
Matt Bileski, Proxy for Acting Director, Arizona Criminal Justice Commission
Douglas Sargent, Arizona Department of Juvenile Corrections
Conrad Lindo, Proxy for Tonya Hamilton, Governor's Office of Youth, Faith & Family
Merilee Fowler, MATFORCE
Jeremy Bloom, NorthSight Recovery
Shanda Breed, Arizona Department of Adult Probation
Kathy Grimes, Graham County Substance Abuse Coalition
Ben Henry, Department of Liquor Licenses and Control
Dawn Mertz, High-Intensity Drug Trafficking Areas
Sheila Sjolander, Arizona Department of Health Services
April Jones, Proxy for Leah Landrom Taylor, Arizona Department of Economic Security
Lindsey Cantelme, Recovery Community
Lindsey Cantelme, Recovery Community Members Absent (5)
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Members Absent (5) Tobi Zavala, Arizona Board of Behavioral Health Examiners
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Lauren Prole, Interim Epidemiology Workgroup Chair, AHCCCS

Dr. Theresa Costales, Arizona Health Care Cost Containment System

Call to Order

Dr. Salek, Vice Chair, called the Arizona Substance Abuse Partnership Council meeting to
order at 1:04 PM. Thirteen members, four staff members, four guests, and five members of
the public were present.

Welcome/Introductions

- **Dr. Salek, Vice Chair,** welcomed everyone and asked all members to introduce themselves.
- **Dr. Salek, Vice Chair**, conducted a roll call for members in attendance.

Approval of Minutes

- Dr. Salek, Vice Chair, declared reaching a quorum and requested a review of the December 4, 2024 meeting minutes, before requesting a motion to approve the meeting minutes as drafted.
 - Council Member Sargent motioned to accept the December 04, 2024 minutes.
 - Council Member Bloom seconded the motion.
 - The motion passed with no dissenting votes at **1:10 PM**. Download a copy of the final minutes from our website.

Addressing Substance Use Through Systemic and Trauma-Informed Frameworks

- Dr. Sara Salek, Vice Chair, introduced Erica Chavez of Touchstone Health Services.
- Erica Charvez shared a presentation regarding the interconnected nature of mental health trauma, addressing substance use prevention from a systems lens. Ms. Chavez opened with an overview of the definition of trauma, including the lasting impact of trauma and the benefits of a wrap-around approach to care.
- **Ms. Chavez** then provided an overview of Touchstone's trauma-informed approach to care, including its <u>School-Based Services (SBS) Program</u>, which impacts over 900 students in over 60 schools across the valley. She also reviewed the different modalities used by Touchstone care teams to address substance use through a mental health lens.
- **Ms. Chavez** closed by providing information regarding the prevention services available through Touchstone's CARE Grant and <u>CARE Coalition</u> including young adult programs, teacher training programs, positive parenting programs, and upcoming professional development opportunities for education, mental health, and school health professionals.
- Dr. Salek, Vice Chair, opened up the floor to the ASAP council for questions.
- Dr Salek, Vice Chair, asked Ms. Chavez about common trends in schools after COVID-19 closures. Ms. Chavez shared some of the mental health, crisis response, and substance use trends.
- Dr. Salek, Vice Chair, asked Ms. Chavez if most schools have access to Naloxone. Ms. Chavez stated that many of their school partners have access.
- Download or view presentation materials on the ASAP Council website: <u>Meeting Materials</u> #1.

Evidence-Based Care for Substance-Exposed Newborns & Their Families

- Dr. Salek, Vice Chair, introduced Shauna Anderson of Hushabye Nursery.
- **Shauna Anderson** shared an overview of Hushabye Nursery and their mission to positively impact substance-exposed newborns and their families. Ms. Anderson thanked the GOYFF for supporting programming over the years.
- **Ms. Anderson** shared information regarding the Hushabye cooperative model of support with healthcare providers, prenatal care, aftercare services, and outpatient support. Ms. Anderson shared strategies for cross-sector collaboration and building partnerships with child welfare agencies to support family preservation and family unification of babies with their mothers including the Hushabye Opioid Pregnancy Preparation & Empowerment (HOPPE) Program.
- Ms. Anderson shared information about the unique wrap-around withdrawal treatment for substance-exposed infants at Hushabye including transfer for care, the various types of therapies and medical intervention provided, and an overview of the economic impact of providing services in the community versus a hospital intensive care setting.
- **Dr. Salek, Vice Chair,** opened up the floor to the ASAP Council for questions.
- **Council Member Sargent** thanked **Ms. Anderson** and asked about data collected after families are discharged from services.
- Council Member Cantelme thanked Ms. Anderson for her services via the chat.
- **Council Representative Jones** asked about the service delivery model (in person or virtual) and the geographic service area.
- **Council Member Breed** expressed thanks via chat for Hushabye Services and shared that Adult Probation has visited Hushabye and is impressed with their model.
- Download or view presentation materials on the ASAP Council website: <u>Meeting Materials</u> #2.

Data Visualization Dashboard for Substance Use Prevention*

- Dr. Salek, Vice Chair, introduced Council Representative Matt Bileski of the <u>Arizona Criminal Justice Commission</u> and provided a brief background and purpose of the Data Visualization Dashboard.
- Council Representative Bileski shared the history and the progress of the Data Visualization Dashboard. He shared the different sources of the data, the response sizes of the data received, and the different ways to view the data.
- Council Representative Bileski then provided an overview of four different dashboard views and explained how the data was broken down within each subcategory. (Arizona Youth Survey (AYS) Data, Substance Use Disorder (SUD) Diagnosis Totals, SUD Treatment Rates & Totals, Foster Care Status)
- Council Member Sargent asked Council Representative Bileski where the data will be housed. Council Representative Bileski stated that it will be available for public access via the GOYFF website after final internal leadership approval.
- **GOYFF Staff Luchsinger** asked about any trends that Mr. Bileski and their team have observed in the data. **Council Representative Bileski** shared changes in overall use and shifts in gender distribution but recommended connecting with the rest of the team from Arizona State University for a deeper dive into trend analysis.

- **Dr. Salek, Vice Chair,** suggested that Dr. Domino from Arizona State University, one of the partners on this project, receive an invitation to the next ASAP Meeting to provide additional information regarding the young adult use trends.
- Council Member Bloom asked if mental health data could be or will be included in future dashboards. Council Representative Bileski shared that the AYS does not currently collect mental health data and shared other avenues for data partnerships they are pursuing.
 - o **Dr. Salek, Vice Chair,** requested a motion from the council to approve the public release and posting of the Data Visualization Dashboard for Substance Use Prevention to the GOYFF Website.
 - Council Member Bloom motioned to approve the Data Visualization
 Dashboard for Substance Use Prevention for public release and posting to the
 GOYFF Website. Materials not available for public view at this time.
 - o **Council Member Mertz** seconded the motion.
 - o The motion passed with no dissenting votes at **1:55 PM**.

Upcoming Events & Announcements

- Alfreda Moore, GOYFF Staff, provided information about upcoming events, resource releases, and upcoming awareness months related to substance use/misuse.
 - o Evidence-Based Drug Education Training Opportunity from Midwest Counterdrug Training Center held on April 21- 24, 2025, 8 AM-5 PM in Chandler, AZ. This 28-hour training course is designed to provide an in-depth understanding of substance misuse. Rooted in scientific evidence, this course explores various drugs, their effects on the human body and behavior, and their broader social implications. A link to register will be included in the follow-up materials. Registration Link
 - o Request for Grant Applications OPEN: Parents Commission on Drug Education & Prevention, through the Drug Treatment and Education Fund, is currently accepting grant applications through April 4th, 2025. Applicant programs will increase and enhance parental involvement and education about the severe risks and public health problems caused by the abuse of alcohol and controlled substances. For more information, check out our website.
 - Official Resource Release The GOYFF is pleased to announce the Substance Use Prevention Toolkit, previewed by the ASAP Council in December 2024, is LIVE on our website and available for use throughout the community. Thank you to Sergeant First Class Stoks and Senior Airman Gonzalez for their countless hours or work to update the Toolkit and improve ease of access. Download the complete toolkit or view it on the GOYFF website.
 - o **April is Alcohol Awareness Month** Governor Hobbs will issue a proclamation recognizing the need to spread awareness and understanding about the dangers of alcohol use disorder and the risk of excessive alcohol consumption.
 - CARE Conference Empowering Communities & Inspiring Youth on April 25, 2025. If you are hungry for more knowledge like our presenters shared today: The

CARE Coalition in partnership with Touchstone Health Services is hosting its annual conference. This year's title is "Empowering Communities & Inspiring Youth." The event is designed for caregivers, educators, and youth-supporting professionals, and aims to provide attendees with tools, resources, and information to enhance young people's well-being and foster community resilience. Attendees can engage in informative presentations, collaborate with local agencies, and share strategies for impactful support Registration is still open, but filling fast.

- o May is Mental Health Awareness Month As we heard today during our presentations, mental health and substance use challenges are directly connected, and May is another opportunity to reach out to communities with trauma-informed strategies for health and healing. <u>Check out this national toolkit</u> or create one unique to your community.
- GOYFF Staff Moore, turned over the floor to the council to share any upcoming events or announcements.
 - GOYFF Deputy Director Lindo, on behalf of Council Representative
 Hamilton, shared information about the Governor's Youth Commission and the
 different workgroups available. The GYC will be accepting applications in the
 upcoming months, with the official announcement to be released.
 - o **Council Member Breed** shared information about the <u>Arizona Drug Treatment</u> Court Conference on April 8-11, 2025 in Prescott, AZ. <u>Registration</u> is still open.

Next Meeting Dates:

- **Dr. Salek, Vice Chair,** announced the next ASAP meeting date and time to the group: Thursday, **May 8, 2025, at 1:00 PM.**
- Additional meeting times for the year include:

Thursday, Sep 25, 2025 Wednesday, Dec 3, 2025

Future Agenda Items

 Dr. Salek, Vice Chair, requested a future presentation from Dr. Domino regarding drug trends within the Data Visualization Dashboard.

Adjourn

- **Dr. Salek, Vice Chair,** asked the council if there was any other business to discuss before requesting a motion to adjourn the meeting. No business was raised for discussion.
- Council Member Bloom called for adjournment at 2:10 PM.
- Council Representative Lindo seconded the motion.
- The meeting was adjourned at 2:10 PM.