

Arizona Parents Commission on Drug Education and Prevention Meeting Minutes

May 29, 2019 10:00 AM

Arizona State Capitol 1700 W. Washington St. Phoenix, AZ 85007 Executive Tower, 3rd Floor Conference Room

A general meeting of the Arizona Parent's Commission on Drug Education and Prevention convened on May 29, 2019. Notice having been duly given. Present and absent were the following members of the Parent's Commission.

Members Present

Bryan Cox, Chair Bryan Harris Beatriz "Betty" Hurtado Kristine FireThunder Laura Ciscomani Denise Beagley

Members Absent

Raynee Schneider David Reede Eric Meaux

Staff and Guest Present

Malcolm Hightower, Governor's Office
Leona Morales, Governor's Office
David Suda, Governor's Office
Courtney Kom, PAACE
Amy Bass, PPEP, Inc. CPC
Travis Price, Governor's Office
Tonya Hamilton, Governor's Office
Emma Torres, Campesinos Sin Frontera (phone)
Ophelia Goatson, Parenting AZ
Blanca Acosta, Circles of Peace
Somia Sanchez, Circles of Peace
Pridcilla Canez, Touchstone
Lydia Cossio, Touchstone
Domingas Cruz, AZYP

Brooke Madden, AZYP
Jamal Greens, LPKNC
Claudia Espinoza, Friendly House
Candelaria Montes, Friendly House
Wayne Tormala, AZ Dept. of Health Services
Barb Garden, Terros Health
Lauren Herchel, Community Bridges
Erica Mendoza, CPLC Parenting AZ
Tasha Mendoza, ASU, CABHP
Kevin Bushaw, ASU, CABHP
Thalia Williams, Southwest Behavioral Health
Sarah Grodo, NotMyKid
Joronda Muntano, NotMyKid

A. Call to Order

Commissioner Bryan Cox, Chair, called the meeting to order at 10:04 AM.

B. Welcome/Introductions

Commissioner Cox, Chair, welcomed everyone and asked all members to introduce themselves.

C. Approval of Minutes

Commissioner Cox, Chair, requested a review of the March 20, 2019, meeting minutes.

Commissioner FireThunder made a motion to approve the minutes with the correction made to her name. The motion was seconded by **Commissioner Bryan Harris** and approved by all.

D. Executive Session

Commissioner Cox, Chair, announced that the commission would be entering into Executive Session to discuss the budget and proposed awardees for the upcoming grant cycle that will start on July 1. **Commissioner Harris** made a motion to enter into Executive Session at 10:08 a.m. The motion was seconded by **Commissioner Beagley** and approved by all.

E. Public Meeting Reconvene

Commissioner Cox, Chair, announced that the commission would enter their public meeting following the Executive Session. **Commissioner Harris** made a motion to enter into Executive Session at 10:54 a.m. The motion was seconded by **Commissioner Hurtado** and approved by all.

F. Discussion RFGA Budget and Timeline

Travis Price provided an overview of the budget and said that his group would be reaching out to applicants this week for any budget or programmatic clarifications. He added that the goal was to put more money into the communities with this budget and that the application and review process for this grant was very competitive. The goal was to be able to fund as many programs as possible with the funding allowed.

- Chairman Cox asked for a motion to approve list of proposed awardees as presented.
 Commissioner Hurtado made a motion to approve. Commissioner Ciscomani seconded that motion. Commissioner Harris abstained from voting citing a conflict of interest. The motion was approved by all voting commissioners.
- Chairman Cox asked for a motion to approve the budget as presented. Commissioner
 FireThunder made a motion to approve. Commissioner Harris seconded that motion.
 Commissioner Beagley abstained from voting citing a conflict of interest. The motion was approved by all voting commissioners.

G. Arizona Department of Health Services Anti-Vaping Campaign

Commissioner Cox, Chair, introduced Wayne Tormala, Chief of the Bureau of Tobacco & Chronic Disease. Mr. Tormala shared that vaping oftentimes will hook teens on Nicotine even though they have never smoked a cigarette. With the recent trending of vaping, it is still too early to know the long-term effects that it has on the young developing brain. Yet, many still believe that it is harmless. He added that the Arizona Attorney General's Office conducts stings to crack down on the sales of vaping products to teens. Of those tested, 97% contain very large amounts of Nicotine. He added that the Centers for Disease Control have listed vaping as a major heath concern and has not approved vaping as a tobacco cessacian device. He passed around three vaping devices that look like everyday items that one would carry- an asthma inhaler, a lipstick case, and a small discrete cartridge that could easily be hidden. He said that in the recent Arizona Youth Survey, 50% of youth surveyed said that have tried vaping at least once. 20% of the youth surveyed said that they vape daily. Tormala added that males tend to vape more than females. He showcased the Facts Over Flavor Campaign to help curb teen vaping. He showed several clips that are currently running on social media. The agency tracks the analytics of the ads to gauge their reach and to keep the messaging fresh.

- Commissioner Cox asked if they also saw THC and CBD oils in the sting tests. Tormala said that there have been cases where the vaping devices have been used for other drugs.
- Commissioner FireThunder asked about the effects of Vaping and if it can produce "popcorn lung." Tormala said that it is quite possible, but vaping is so new; there is not a lot of health data out on it.

H. Yavapai College Collegiate Recovery Program

Commissioner Cox, Chair, introduced Judy Brennan, Director of Alcohol & Drug Prevention at Yavapai College. Along with her were several students from the College's Recovery Club. The focus of the group has been on helping spread awareness on substance abuse and mental illness and how it does not have to hinder their success in college. Brennan said that they try to limit the stigma by educating those on campus. Thought the year, the group is oftentimes seen at outreach events and partners with local coalition MATFORCE (aloo a Parents Commission Subgrantee). Christian, one of the students participating, said that they met peers at Northern Arizona University at a recent Student Health and Wellness Summit and participated in a panel discussion about making better health choices. They also found that talking to students in the classrooms was more effective than being a part of the Club Rush to recruit students.

I. Subgrantees Update

Ms. Morales shared that on May 7 she and grant auditor David Suda conducted a site visit at Friendly House and on May 23 at Southwest Behavioral Health Services, Three additional site visits will be held in June at Apache County Youth Council (6), Community Bridges (7) and MATFORCE (13). She added that the purpose of the site visits is to ensure that the subgrantees are adhering to their commitments of the grant, but also to open the lines of communication and provide support from the GOYFF administrator. She also added that the next Parents Commission meeting will be held at Summer Institute in Flagstaff and encouraged all commissioners to attend.

J. Announcements

Commissioner Cox, Chair, opened up the floor for announcements.

Keven Bushaw from Arizona State University's Center for Applied Behavioral Health Policy shared about their upcoming Summer Institute in Flagstaff.

K. Call to the Public

No public members wished to address the Parents Commission.

L. Reminder of Next Meeting

Commissioner Cox, Chair stated that the next meeting of the Parents Commission will be held on Tuesday, July 16, 2019 at the High Country Conference Center in Flagstaff.

M. Setting of FY20 Meeting Dates

Commissioner Cox, Chair announced the proposed meeting dates for FY20

- July 16, 2019
- September 18, 2019
- November 20, 2019
- January 22, 2020
- March 18, 2020
- May 20, 2020

Commissioner Beagley made a motion to approve. **Commissioner FireThunder** seconded that motion. The motion was approved by all.

N. Adjourn

A motion was made to adjourn by **Commissioner FireThunder** at 12:00 PM and seconded by **Commissioner Harris** and approved by all.