



**Arizona Parent's Commission on Drug Education and Prevention
Meeting Minutes**

**November 20, 2019
10:00 AM**

ARIZONA STATE CAPITOL
1700 West Washington Street, Phoenix, AZ 85007
Executive Tower, Third Floor Conference Room

A general meeting of the Arizona Parents Commission on Drug Education and Prevention convened on November 20, 2019. Notice having been duly given. Present and absent were the following members of the Parent's Commission.

Members Present (6)	Members Absent (3)
Bryan Cox, Chair	Laura Ciscomani
Kristine FireThunder	Bryan Harris
Beatriz Hurtado (via phone)	David Reede
Raynee Schneider	
Denise Beagley	
Eric Meaux (via phone)	
Staff and Guests Present (7)	
Leona Morales	Tonya Hamilton
Alicia Perez, ICAN	Joronda Montano, NotMyKid
Jane Dowling, Wellington Consulting Group	Lyra Contreras, Wellington Consulting Group
Det. Matthew Shay, MCSO	

A. CALL TO ORDER

Mr. Bryan Cox, Chair, called the meeting to order at 10:02 a.m.

B. WELCOME/INTRODUCTIONS

Mr. Bryan Cox welcomed members and guests. **Mr. Bryan Cox** asked that commissioners and staff introduce themselves.

C. APPROVAL OF THE MINUTES

Minutes for the meeting held Sept. 18, 2019, were reviewed. **Ms. Raynee Schneider** made a motion to approve the minutes. The motion was seconded by **Ms. Denise Beagley** and approved by all.

D. Maricopa County Sheriff's Office/ HIDTA PRESENTATION

Mr. Bryan Cox introduced Detective Matthew Shay of the Maricopa County Sheriff's Office and High Intensity Drug Trafficking Area. **Detective Matthew Shay** gave a presentation on the link between marijuana and opioid use. **Detective Matthew Shay** gave an in-depth look into the transformation of marijuana from decades past to the highly-potent drug that it has become. In some cases, it has a potency (in a crystalized form) to reach 99%. **Detective Matthew Shay** reported that the use of marijuana for medicinal purposes has been legalized in many states, including Arizona over recent years. There is a new push to approve recreational use. Detective Shay said that like any drug, once you start using marijuana, the user is always looking to reach the high that they experienced initially when they started using. This leads to addiction and dependence. **Detective Matthew Shay** said that 9% of those who experiment with marijuana will become addicted. If they started when they were teenagers, that rate is 17%. Additionally, 25-50% of those who use marijuana daily will become addicted. He added that the number of opioid overdose deaths was six times higher in 2017 that it was in 2000. **Detective Matthew Shay** added that in states with legalized medical marijuana laws, the rate of opioid overdoses was 23% higher than in states that do not allow medical marijuana. He also talked about the work that MCSO has been doing to block the production, transport and sale of marijuana and opioids. He spoke of one specific incident where a clandestine lab was found at a complex in Tempe that had enough flammable material to destroy a city block if it was to ignite. He added that the link from using marijuana to using heroine is strong, as 90% of users surveyed said that they first used marijuana. **Detective Matthew Shay** concluded his presentation by talking about Fentanyl and how law enforcement is seeing larger quantities of pills seized during their busts. They also are seeing multiple types of drugs being seized. This included a recent bust at Arizona Mills Mall where 15,000 Fentanyl pills were seized. At another bust last month, officers seized one pound of Heroin, 50 pounds of methamphetamine, 2,200 Fentanyl pills, four handguns, four rifles, and \$45,000 in cash. He added that vaping devices are also popular, including ones that now use and store Fentanyl.

- **Ms. Kristine FireThunder** asked for further clarification on how the THC/Cannabis is collected and is made to be so concentrated. **Detective Matthew Shay** elaborated on the process of extracting the oils from the marijuana plant.

E. Wellington Consulting Group PRESENTATION

Mr. Bryan Cox introduced Dr. Jane Dowling, President and CEO of The Wellington Consulting Group. **Dr. Jane Dowling** said that Wellington is contracted by the Governor's Office of Youth, Faith and Family to oversee the evaluation of the Parents Commission Grant program. Each year, Wellington compiles data from the previous year to examine the effectiveness and programmatic impacts of each of the grantee programs, along with the program as a whole. In FY19, 49,068 adults and youth were directly impacted by the

23 grantee programs throughout the state, this is up from 40,068 in FY18 and 23,318 in FY17. During the course of the year, grantees have several forms of process evaluation, including the use of the web-based system (portal), monthly progress reports, and standard fidelity surveys. The key factors that influence program performance include: staffing, recruitment and enrollment, retention, collaboration, and capacity building. **Dr. Jane Dowling** noted that the program reached 10 counties throughout Arizona, including the Navajo Nation. She added that 83% of grantees delivered an evidence-based or evidence-informed multi-session programs. When it comes to diversity, 66% of those serviced identified themselves as White, 30% said that they were Hispanic, and 12% said that they were "other." Another 8% said that they were Native American, 3% said they were Black, and 5% said they were multiple races and another 5% said their race was unknown. Outcome evaluations include Parent and Youth Surveys, Quarterly Reports, Annual Individual Reports, and an Annual Aggregate Report. In both of those parent and youth surveys, the rate of family conflict has decreased in FY19, along with the Youth Perception of Family Cohesion. The perception of risk/harm of substance use among youth also increased in FY19 with a pre-survey response at 13% and a post-survey response at 17%. Overall, the attendees reported a program satisfaction rating of 4.75/5.0 scale.

- **Ms. Tonya Hamilton** asked for clarification on the Arizona Counties map. Twelve counties were represented by grantees, but only 10 were listed on the previous slide. **Dr. Jane Dowling** said that 12 counties are served and the 10 counties are where the grantees are actually located. Some grantees serve multiple counties.
- **Ms. Tonya Hamilton** said that the grantees need to work on diversifying their programs to include a higher percentage of minority races. In the data, 66% of attendees identified themselves as White and 30% identified themselves as Hispanic.

F. ICAN PRESENTATION

Mr. Bryan Cox introduced Ms. Alicia Perez, Program Manager of ICAN. **Ms. Alicia Perez** gave an overview of the ICAN Program which is focused on strengthening multicultural families and communities through a parenting program in Chandler. **Ms. Alicia Perez** reported that ICAN was started in 1991 by local Chandler resident Henry Salinas after he was disheartened by the rise in gang violence. He began offering after school programs at local elementary and junior high schools. **Ms. Alicia Perez** said that ICAN is a free, family-centered youth service in the East Valley that provides a full complement of programs for youth to achieve personal and academic success by helping them make positive life choices. It is a bond between youth, family and community. During the course of the year, ICAN offers free programs for youth and families that includes Strengthening Families and Communities, Active Parenting of Teens and Bridges to High School. They also offer Peer to Peer Support that includes Parent Workshops, Triple P- Discussion Groups and Triple P- Individual Sessions. They also offer free family events, including their annual Thanksgiving Dinner in partnership with the City of Chandler Police Department. Ms. Alicia Perez added that they also offer Wellness Fairs with the Chandler Coalition on Youth Substance Abuse.

- **Mr. Bryan Cox** thanked **Ms. Alicia Perez** for the work that ICAN does in the Chandler Community. Mr. Bryan Cox is the Assistant Chief of the Chandler Police Department and said that ICAN is an incredible asset to the Chandler Community.

He also added that he would be helping with the Thanksgiving event scheduled for that evening.

G. Subgrantees Update

Mr. Bryan Cox introduced Ms. Leona Morales who gave an update on the Grantees and Collegiate Recovery Programs. **Ms. Leona Morales** reported on the November 12 and 13 two-day intensive Strengthening Families Program training that was offered to the grantees for professional growth and development. She reported that 25 attendees took part and the reviews of the training were overwhelmingly positive. She added that she observed that the group was highly engaged and many were ready to implement programs in their communities. Hosting the opportunity for a large number of grantees was also fiscally responsible, compared to having each grantee seek out and pay for their own trainings. **Ms. Leona Morales** also reported that Parent's Commission's direct service numbers are being tracked on the Governor's Scorecard since July and the FY20 data is easily surpassing last year's numbers. **Ms. Leona Morales** added that she will be doing site visits in early 2020, starting with ICAN.

H. ANNOUNCEMENTS

- **Ms. Tonya Hamilton** made an announcement regarding the upcoming grant writing class in Spring 2020. She added that the ACE Summit will be held on Dec. 6, 2019 from 9 a.m. until 1 p.m. ACE Consortium members get a \$20 registration rate and it is \$80 for non-members. The event is being held at the Arizona Science Center.
- **Ms. Denise Beagley** also made announcements on upcoming events that can be found on the ASU website, including the Winter Institute in February that is focused on those working in and serving in public safety roles.

I. FUTURE AGENDA/MEETING SCHEDULE

Mr. Bryan Cox said that the next meeting will be on January 22, 2020 at 10:00 AM at the State Capitol's Executive Tower, 3rd Floor Conference Room in Phoenix, Arizona.

J. ADJOURN

A motion was made to adjourn by **Ms. Kristine FireThunder** at 11:59 AM. the motion was seconded by **Ms. Raynee Schneider** and approved by all.