Governor Ducey's Council on Child Safety and Family Empowerment

September 12, 2019

Governor's Executive Tower 2nd Floor Conference Room





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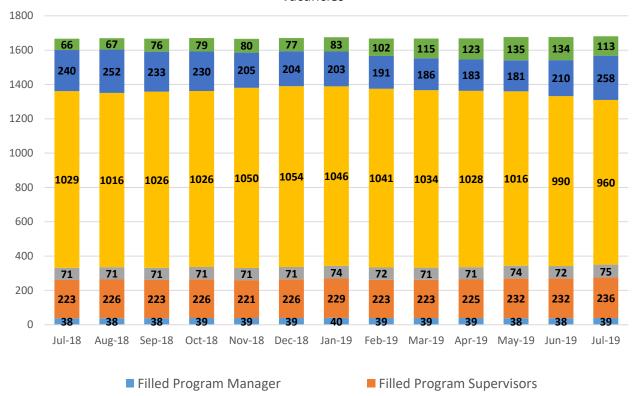
Department of Child Safety

Data charts as of week beginning 9.2.19



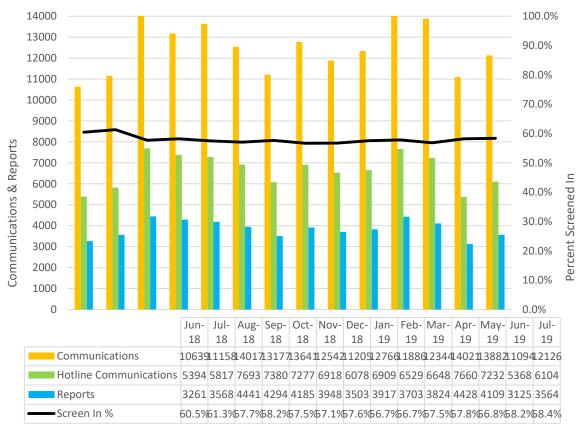
Field Staff

Number of Field Staff: Managers, Supervisors, Specialists, Trainees and Vacancies





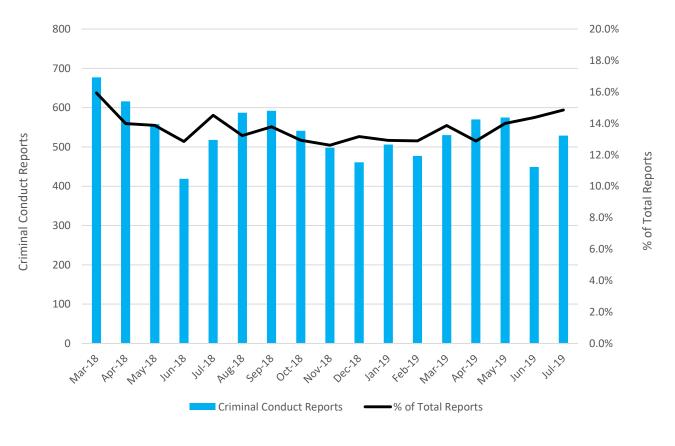
Communications & Reports to the Hotline





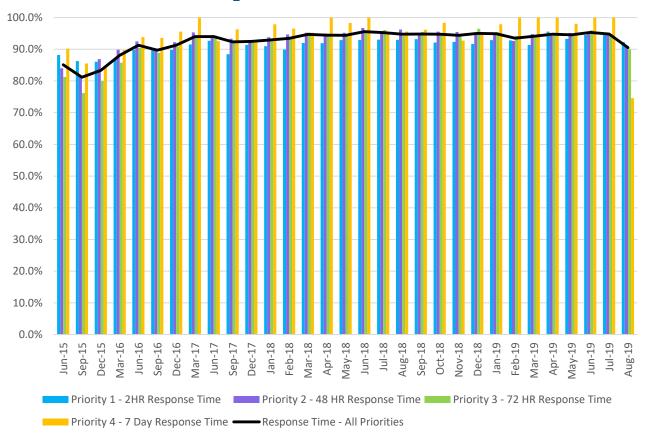


Criminal Conduct Reports





Response Timeliness





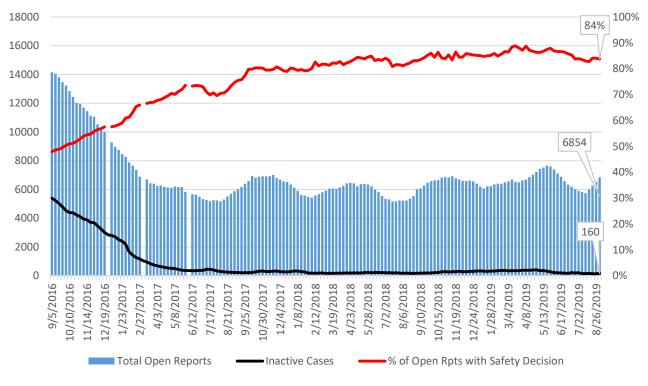
NOTE: August 2019 data is preliminary.

Data Source: DCS Tableau Dashboard, Report Response Timeliness, 8.31.19

Safety Assessment Completion & Inactive Cases

Total Open Reports vs. % of Safety Assessments Completed

Safety assessment, open reports and inactive cases

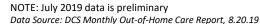




Children in Out-of-Home Care

(0-17 years old)

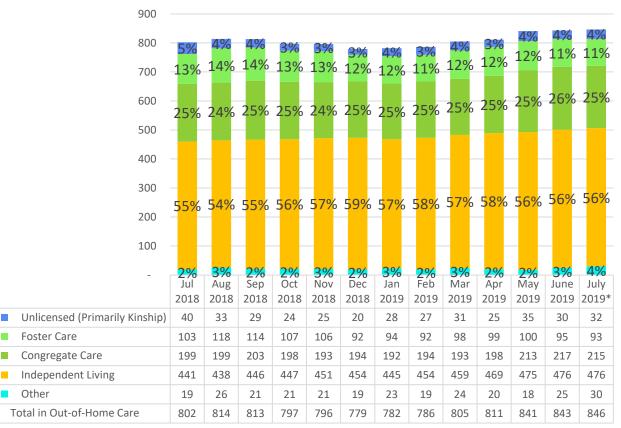


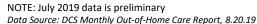




Children in Out-of-Home Care

(18-21 years old)

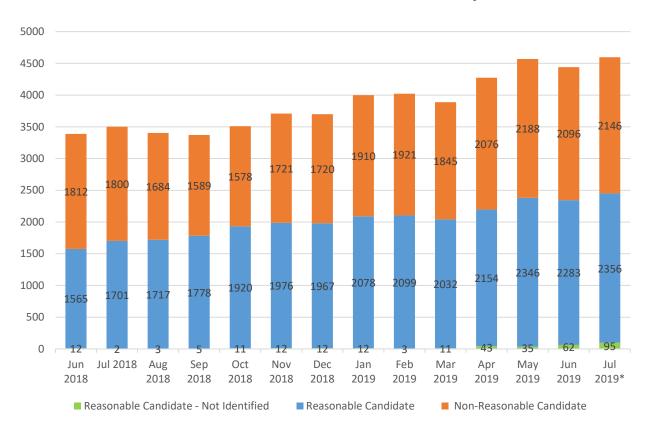






Children Receiving In Home Services

Children with Case Plan Goal - Remain with Family

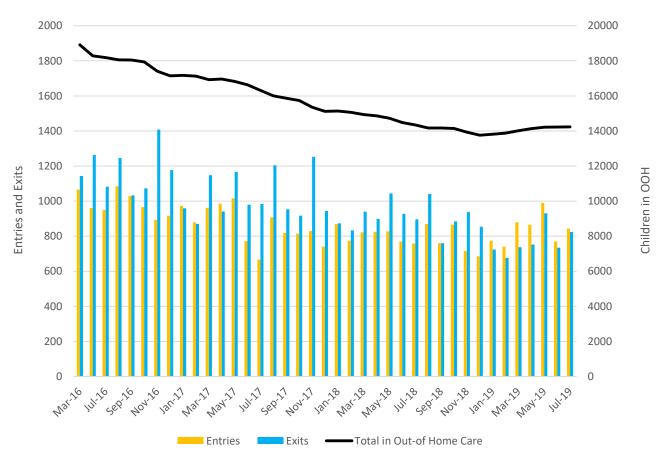




NOTE: July 2019 data is preliminary

Data Source: DCS Monthly In-Home Care Report, 8.20.19

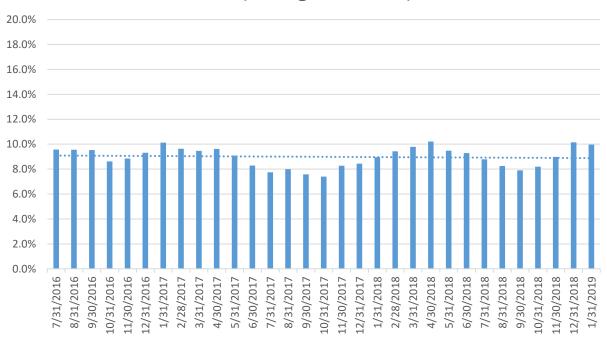
Entries and Exits





Re-entry within 6 months of Exiting Care

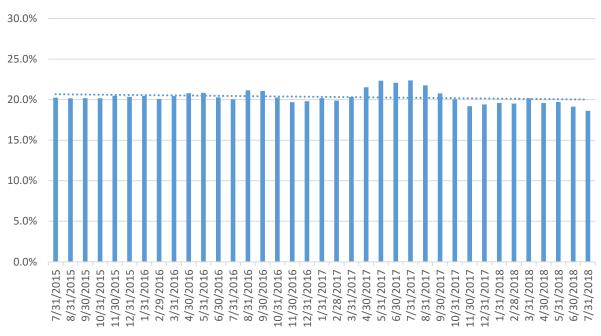
Children who exited care in the given month, what % reentered care in the 6 months following exit (rolling 6 months)





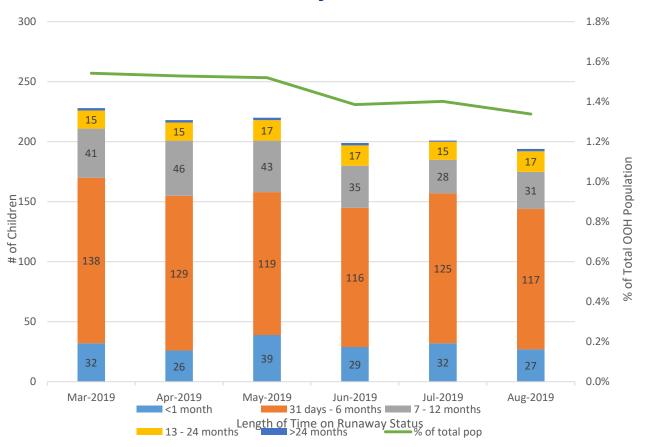
Re-report within 12 months of Exiting Care

Children who exited care in the given month, what % had a re-report of abuse or neglect in the 12 months following exit (rolling 6 months)





Runaway Youth





Service Referral Waitlist

Average Age of all referrals on Waitlist by County Type





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Phoenix Children's ACEs Program

September 12, 2019



Mission

To transform the lives of Arizona children who have experienced adversity or trauma by providing evidence-based integrated and integrative health services.



Values

- Equip children to become resilient
- Pediatric providers will incorporate screening their patients for Adverse Childhood Experiences (ACEs)
- Caregivers will feel supported in caring for children who have been exposed to Adverse Childhood Experiences and trauma
- Caregivers and community will have the needed tools and resources to break generational cycles of child abuse, neglect and trauma
- Professionals who partner with caregivers in health, education and family support sectors will work together to ensure children exposed to Adverse Childhood Experiences are identified and receive appropriate services
- Arizona will become a leader in supporting children, youth, families and caregivers impacted by Adverse Childhood Experiences



PCH ACEs Program Staff



Amy Shoptaugh, MD

Medical Director

Pediatrician



Carrie Cantrell
Program Manager



Lesley Adams, LMFT
Mental Health
Therapist



LaDon Dieu, RNNurse Specialty
Care Coordinator



PCH General Pediatrics PCH Homeless Youth Outreach Community Practice
All About Kids
Pediatrics



PCH ACEs Program Innovators

- Lesley Adams, LMFT PCH ACEs Program Mental Health Therapist
- Funda Bachini, MD PCH Inpatient Psychiatry Medical Director
- Carrie Cantrell PCH ACEs Program Manager
- Jodi Carter, MD PCH CCIO, PCCN CMO, Pediatrician
- LaDon Dieu, RN PCH ACEs Program Wellness Nurse
- Angela Gordilla PCH Foundation, Manager
- Michelle Ray PCH Director, Phoenix Children's Medical Group
- Amy Shoptaugh, MD PCH ACEs Program Medical Director, Pediatrician
- Lara Yoblonski, MD PCH Homeless Youth Outreach, Pediatrician

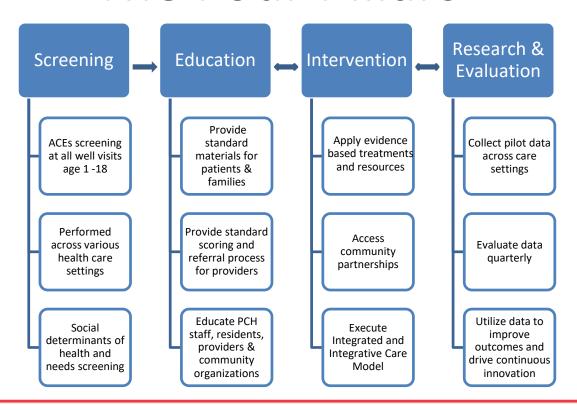


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Phoenix Children's ACEs Program

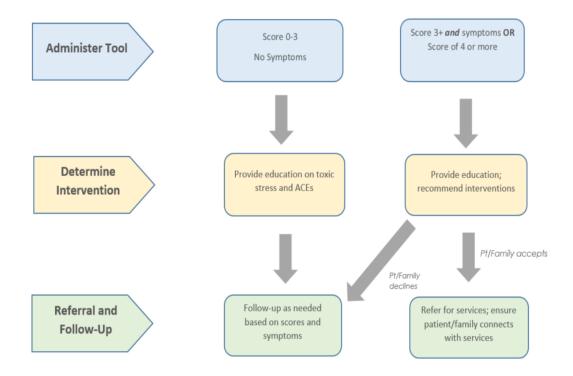


The Four Pillars





Program Flow





Care Models



Care Models

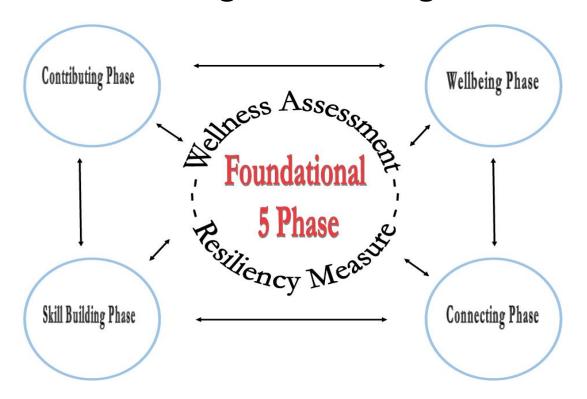
Integrated Model

- Coordination of physical and mental healthcare
- Physical and mental healthcare in one setting
- Disease care model
- Treatment occurs after disease has manifested

Integrative Model

- Preventative care
- Addresses Mind, Body and Spirit
- Encompasses Conventional and Complementary healthcare
- Accounts for eco-bio-developmental factors that affect health
 - Mental, emotional, functional, spiritual, social, environmental and community

Innovative: Integrated & Integrative Model





Integrative & Integrated Model Five Phases

Foundational 5

- Community Support
- Education
- Emotional and Behavioral Health
- Family
- Resiliency

Understand areas of strengths and where improvement is needed in Emotional, Physical, and Behavioral Health.

Wellbeing

- Define "Attention" (pause) and resiliency
- Breathing Practice, Exercise, Nutrition, Mindfulness, and Sleep
- Self-Compassion

Support, protect and heal by decreasing inflammation, stress chemicals and hormones.

Connecting

- Mental Health Counseling
- Psychiatry
- · Physical Health
- Care Coordination
- Primary Care Provider

Building resilience and healing for the patient and family by connecting the whole team of providers.

Skill Building

- Patient Empowerment
- Family/Caregiver Empowerment
- Community
 Resources

Practice and strengthen skills to empower the patient and family while building resiliency, coping abilities, and the family's support network.

Contributing

- Parents/Families use "toolbox" from phases to define choices
- Give back: parent support, time with family, service, community, school

Provides the patient and family with confidence, community awareness, connection, and feelings of competency.



Outcomes and Accomplishments



PCH General Pediatrics	PCH Homeless Youth Outreach	Community Pediatrics All About Kids Pediatrics	
 On-site mental health therapist and wellness nurse Integrated and Integrative Care Model Statistics and data 	On-site integrated behavioral health provider Wellness nurse Statistics and data	Statistics and data	
COMING SOON • Foundational 5 Resources - October 2019 launch • Resiliency Toolkit – November 2019 launch	COMING SOON Foundational 5 Resources – October 2019 launch Resiliency Toolkit – November 2019 launch Integrative Care Education – Q42019 Trauma-Informed Classes – Q42019	COMING SOON Foundational 5 Resources — October 2019 launch Resiliency Toolkit — November 2019 launch On-Site wellness nurse — Q42019 Integrated and Integrative Care Model — Q42019 Integrative Care Education — Q4 2019	



Results Comparison: Community practice (AAKP), Arizona and Original ACE study

ACE Scores (original)	AAKP (#)	<u>AAKP (%)</u>	<u>Arizona</u>	ACE Study
0	635	51.3		36%
1 or higher	601	48.6	57.50%	66%
1	237	19.1		26%
2 or higher	364	29.4	30.60%	
2	148	12		16%
3 or higher	216	17.4		
3	64	5.2		9.50%
4 or higher	152	12.3	20%	12.50%
4	56	4.5		
5 or higher	66	5.4		
Refused	1			
TOTAL	1236			



ACEs Screening in PCH General Pediatrics

Highlights:

- Launched June 2019
- On-site support from program staff
- Demonstrated increase in screening percentages of 15.6% since the launch of the program in May 2019
- From January 2019 to July 2019, there was an overall increase of 33% in the screening rate during Well Child Checks

Month	Percent Screened
January	43.8%
Februar y	60.3%
March	58.3%
April	56.0%
May	61.2%
June	69.9%
July	76.8%



ACEs Program Snapshot July 2019

Site	Referrals	Wellness Assessments	Counseling Sessions	Nurse Impacts
General Pediatrics	44	25	35	52
Homeless Youth Outreach*	2	0	0	0
All About Kids Pediatrics*	1	0	0	0
TOTAL	47	25	35	52

- 11 patients participating in Counseling
- Nurse impacted 20 patients, averaging 2.5 times per patient
- 138 educational impacts with medical staff including providers & medical assistants

^{*}HYO & AAK further integrated in August 2019



Accomplishments

- 100 patients in the first 12 weeks
 - 89 since 7/3/19
- Resiliency Measure
 - Increased in 9 patients as a result of our Integrated & Integrative Care Model
- Multiple meaningful patient/family interactions
 - Mom came to clinic without a home, left clinic with a safety plan and place to go and is now working on her degree to better families future
 - Family able to obtain food with resources provided
 - Working with homeless youth in foster system to learn to take care of medical appointments and transition to adulthood



Community Engagement

- Connected with local and national organizations/experts engaged in similar work to leverage strengths and share information
 - CMDP Leadership, ChildHelp, Resilient Health, Mercy Care Workforce Development, Arizona Department of Health Services [Office of Children with Special Health Care Needs] and Center for Youth Wellness
- Participated in other hospital and community groups with similar efforts in order to stay apprised
 of new information and innovations
 - PCH Trauma-Informed Care Work-Group, Arizona ACEs Consortium, Prevent Child Abuse, Triple P Stakeholders, and Family Navigation Action Team
- Participated in trainings and conferences in order to network and identify innovative ideas and/or skills needed to succeed in working with this specialized population
 - Child Abuse Prevention Conference, Sanctuary Training, Human Trafficking and Human Smuggling



Contact Information

Jodi Carter, MD PCH CCIO, PCCN CMO, Pediatrician (602) 933-1123 jcarter@phoenixchildrens.com Amy Shoptaugh, MD Medical Director, Pediatrician (602) 228-2260 ashoptaugh@phoenixchildrens.com



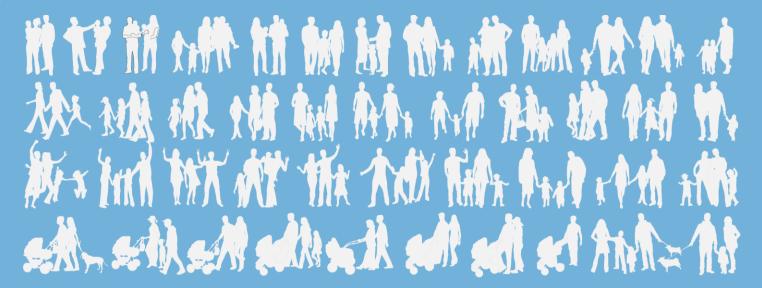
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Protecting Arizona's Children's futures:

Governor's Office of Youth, Faith and Family



Dennis D. Embry, Ph.D., president/senior scientist, PAXIS Institute, Tucson, AZ: Co-investigator, Johns Hopkins Center for Prevention; Scientific Advisor, Children's Mental Health Network



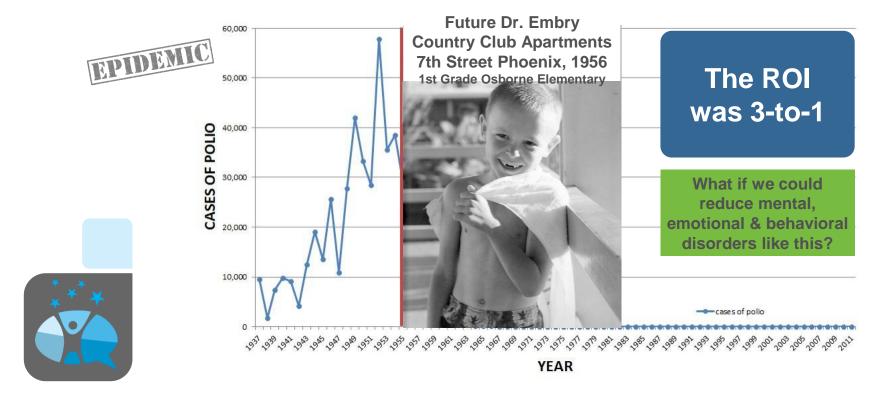
If the Polio Epidemic of the 1950s happened today

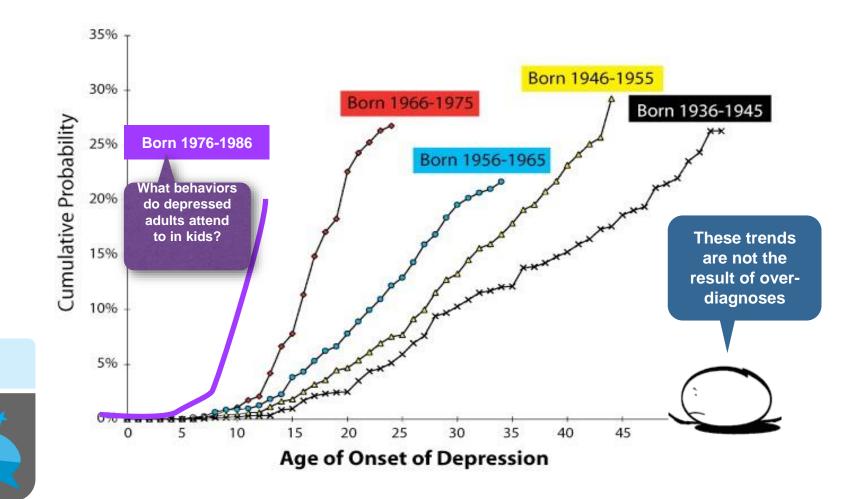
There would be 6,000 deaths and 120,000 cases. How would we respond?





Remembering when America mobilized science for universal protection of children

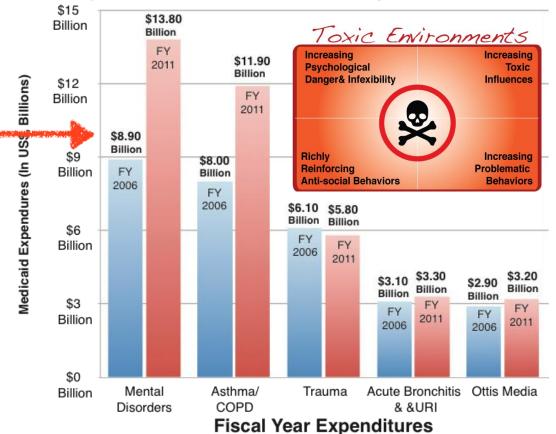






The cost of Mental Disorders is increasing \$1 billion per year

Medicaid Expenditures for the Five Most Costly Conditions in Children



Source: Center for Financing, Access, and Cost Trends, Agency for HealhCare Research and Quality, 2006, 2011

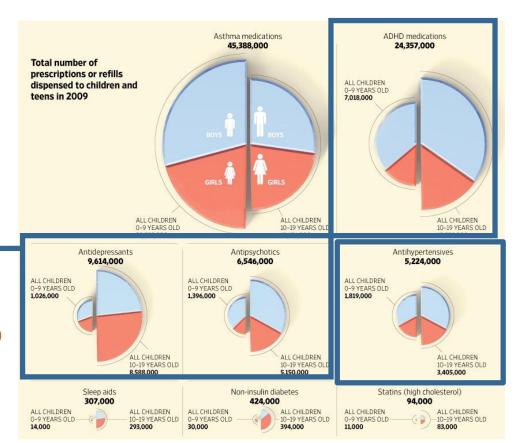
The US had 75 million children and teens 2009

45.6 million kids had one psychotropic med in 2009

60.8%

Wall
Street
Journal,

12-28-2010



Demonstrating real **promise** of protection from generational pediatric epidemics



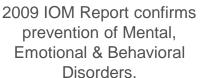
Salk Vaccine proven to express polio antibodies.

Preventing Mental, Emotional, and Behavioral Disorders Among Young People Progress and Possibilities

Two highly proven, scalable strategies cited:

PAX Good Behavior Game Triple P (Positive Parenting Program)



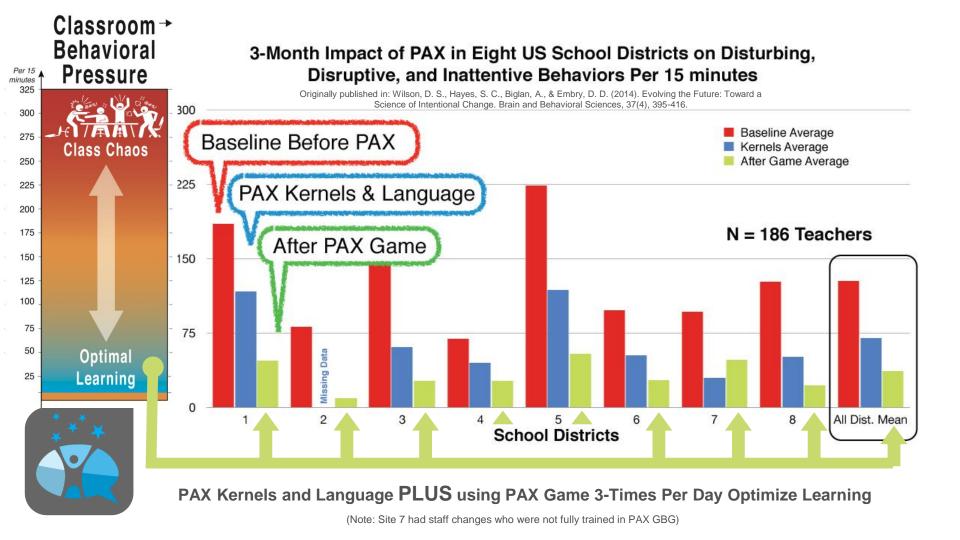




What can
PAX do for
the 71K first
graders in
Arizona?





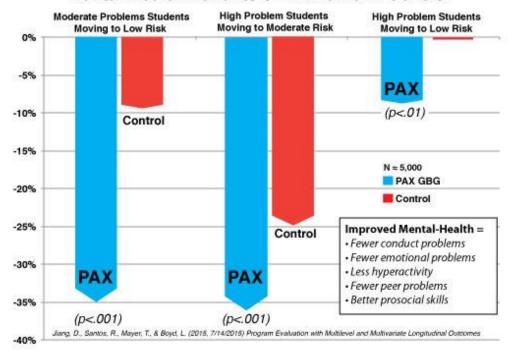


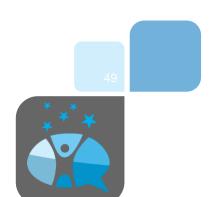


Reduced Risk Probability for Psychiatric Disorders

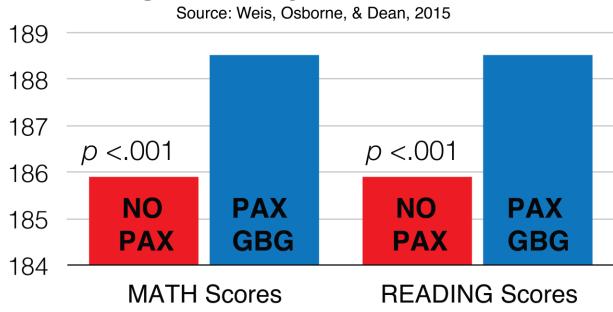
Improved environment and fewer problematic behaviors reduces risk of mental, emotional, behavioral disorders

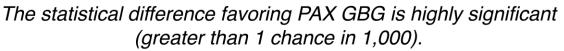
One-Semester Benefits of Province-Wide Mental-Health Benefits of PAX GBG v. Control





Improvements on Standard Measures of Academic Progress in Six Districts in High Poverty Schools in Ohio







These are the predicted benefits 71,000 Arizona 1st graders benefit when they are 19-21 years old...

Fewer young people will need any form of special 6,167 education services 3,991 More boys will likely graduate from high school 4,789 More boys will likely attend college More girls will likely graduate from high school 6,363 4,972 More girls will likely attend college Fewer young people will be convicted of major violent 697 crimes 6,893 Fewer young people will develop serious drug addictions 4,716 Fewer young people will become regular smokers Fewer young people will develop serious alcohol 2,539 addictions 3,477 Fewer young women will contemplate suicide 4,716 Fewer young men will attempt suicide

And, how much money will these changes save AZ families and citizens?



\$925 Million per cohort





How much money with this save for the children, families, schools, communities, businesses and the state?

Aos, S., Lee, S., Drake, E., Pennucci, A., Klima, T., Miller, M., . . . Burley, M. (2013). Good Behavior Game, Return on Investment: Evidence-Based Options to Improve Statewide Outcomes. (July), 8. Retrieved from http://www.wsipp.wa.gov/BenefitCost/Program/82



PAX is coming to AZ

Arizona Health Care Cost Containment System (AHCCCS) is funding the implementation of PAX GBG via State Opiate Response (SOR) federal grant, in cooperation with Arizona Department of Education and the Governors Office.

Questions? Suggestions?



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