



# ARIZONA DEPARTMENT OF JUVENILE CORRECTIONS

## Prevention, Recovery and Treatment

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# Reception, Assessment, and Classification (RA)

- Treatment begins Day One at Adobe Mountain School
- 14-day intake process
- Assessed by mental health professionals and medical staff
- Individualized treatment needs are identified and created





# Mental Health Treatment a

- Treatment provided at Adobe Mountain School follows a protocol that includes:
  - Trauma informed, client -matching interventions
  - cognitive -behavioral skill groups
  - trauma therapies with highly competent trauma therapists
- All of Adobe's 11 licensed mental health professionals are trained in trauma treatment
- Each youth is seen by their therapist at least once every 14 days
- Therapists are trained to provide:
  - DBT
  - Eye Movement Desensitization and Reprocessing Therapy (EMDR)
  - Structural Dissociation Theory
  - Neurofeedback and other specialized trauma treatments

# Specialized Trauma Therapies

## Eye Movement Desensitization and Reprocessing (EMDR)

- EMDR is an integrative psychotherapy approach that has been extensively researched and proven effective for the treatment of trauma.
- EMDR works with an individual's neurobiology to assist individuals in processing emotional traumatic memories.

## Neurofeedback

- A form of biofeedback
- Harnesses the brain's neuroplasticity in order to bring about symptom improvement for aggression, anxiety, depression, and substance use.
- For example, trauma, developmental problems, or TBIs cause a state of chronic hyperarousal, dysregulation or exhaustion. Neurofeedback calms the brain down by restoring balanced functioning thus reduces the need to use substances and other self harming methods to cope.

# Arizona Residential Substance Abuse Treatment program

- Adobe Mountain School has 2 housing units designated for the treatment of significant substance use disorders
  - Partially funded by the Arizona Residential Substance Abuse Treatment program (RSAT) grant
  - Program Details:
    - Dialectical Behavior Therapy (DBT) skills training groups
    - Seven Challenges program
    - Individual therapy with a licensed therapist at least once every two weeks
    - Youth participating in this program must have a minimum of 6 months and a maximum of 12 months to qualify for the program.
    - Youth are also provided drug testing on a monthly basis.

# Adobe Mountain School

- **Year-round scheduling**
  - Semesters are 8 weeks long with one week off in between semesters.
  - Each semester offers two classes and each is 0.5 credits
  - There is 1 period per day 7:00-12:30
  - Thurs. half-days for intervention
  - Credit Recovery options offered
  
- **Aligned with State Standards**
  
- **Advanc-ED Accreditation (grades 9-12)**



# Adobe Mountain School Education Programs

The School offers opportunity for the students to earn a High School Diploma or GED.

We offer a wide variety of Trades Programs where students can earn industry certifications.

- **Cosmetology - Hours earned towards state license**
- **Computer Animation and Gaming**
- **Automotive- OSHA 10 Certification**
- **Culinary Arts -AZ/ Servsafe food handler's license**
- **Electrical- NCCER certificate, OSHA 10 certification**
- **School to Work - Arizona Career Readiness Certificate, Retail Works Certification**



# Medical Treatment at Adobe

- ADJC has an onsite medical clinic
- All youth receive a health screening upon arrival and receive regular medical attention, as needed.
- Our medical clinic currently treats medical and dental issues, psychiatric needs, withdrawals and provides education
- We have two doctors whose primary board certifications are in pediatric and adolescent medicine who are also board certified in addiction medicine through American Society of Addiction Medicine.
- These doctors are currently providing Motivational Enhancement Training which is an evidence based treatment for substance use
- As early as Fall 2022 our medical department will provide weekly addiction clinics to include Medication Assisted Treatment (i.e., Buprenorphine and Naltrexone)

# Naloxone Training and Distribution Program

## Program Goals:

Education of youth and their families/guardians in the dangers of opioid use

Educate, train, and provide or dispense naloxone to combat fatal opioid overdoses

- Program begins in the facility when youth first arrive during the RAC process
- While youth are at Adobe, guardians are met with in the community and provided education and resources available to them in the community.
- When the youth approaches release from Adobe, the medical department provides educational classes to the youth and trains them how to administer naloxone. Another educational class is scheduled with the guardians.
- Youth may then be prescribe naloxone as a release medication.
- After release, on a case by case basis, a youth may be provided with additional doses or be taken where they can receive a new one.



Thank you!

QUESTIONS ?

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