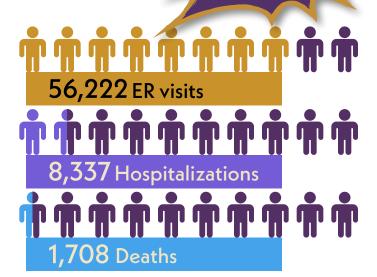


TRAUMATIC BRAIN INJURY (TBI) in ARIZONA

THE FACTS

66,267 TBI incidents per year in Arizona



HIGHEST TBI MORTALITY RATES

🎳 Males, 85 + years 👪 Black or African Americans

Native Americans 👪 Male infants less than one-year

IMPACT OF BRAIN INJURY

Physical

Headaches, dizziness, chronic pain, seizures, balance problems, nerve damage, sensory limitations

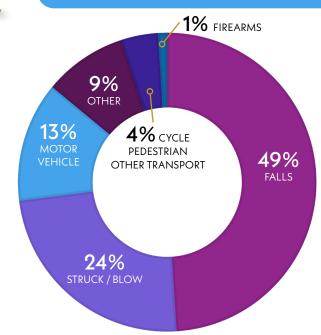
Cognitive

Memory impairment, deficits in language, impaired attention, difficulty focusing, problems with initiation, difficulty selfmonitoring, trouble sequencing

Behavioral

Frustration, irritability, restlessness, anxiety, depression, mood swings, impulsivity, personality changes

CAUSES OF TBI IN ARIZONA



PROGRAMS & SERVICES AT BIAAZ

Brain Injury Care Coordination | A team of Certified Brain Injury Specialists assist caregivers and survivors of brain injury in Arizona as they navigate complex neurological, medical, insurance, and employment landscapes. The result is access to rapid, reliable and relevant information; access to the right services at the right time; and a better quality of life post-injury.

Statewide Helpline & Brain Health Resource **Center** | Statewide helpline answered by Certified Brain Injury Specialists, customized client resources, statewide network of more than 3,000 medical/mental health/disability cooperative referral sites, technical assistance for health care and community-based providers.

Training & Education Opportunities | Family, caregiver, and survivor workshops and webinars, support groups, and professional conferences and webinars.

Veterans & Military Family Services | Caregivers, veterans, and service members have access to free specialized peer support and resource coordination to assist with housing, addiction treatment, and concerns.



WHAT FUNDING ACCOMPLISHES

\$ RETURN ON INVESTMENT

TBI COSTS TO THE STATE

- \$1.4 billion dollars for hospitalization, rehabilitation, lost wages, social services, etc.
- \$71.13 state prison cost per inmate, per day
- \$ **24.5**% of state Medicaid costs

The Brain Injury Alliance of Arizona programs and services support the healthcare work funded by the State of Arizona by—

- \$ Avoiding behavioral/mental in-patient treatment costs
- \$ Case Management for Long COVID Survivors
- Deterring hospital re-admittance for caregivers and survivors after discharge
- \$ Supporting unhoused survivors of brain injury
- \$ Supporting unpaid family and friend caregivers
- \$ Preventing brain injury through education
- Preventing and supporting treatment of addiction in the disability community
- Providing community support for justice involved survivors of brain injury

\$21,892,232

since 2018

S RETURN ON INVESTMENT

"I was removing myself from an abusive relationship after my husband stomped on my head and caused a brain injury. Brain Injury Alliance has been with me every step of the way as I have worked to live life free and on my own terms. I was able to receive free counseling to plan to leave my house as safely as possible. Their utility fund assisted me with establishing my own cell phone and internet in my new apartment so that I could attend doctor's appointments by teletherapy. Through their transportation fund, I was able to access bus passes so that I can work. Their peer support team even helped me attend my divorce proceedings over zoom because I don't have a computer." —Regina | Tempe, Arizona



"My neighbor knew of the Brain Injury Alliance of Arizona and suggested I contact them when my wife was being discharged from the hospital after falling while taking down Christmas lights. The hospital social worker had sent me look at nursing homes and I was heartbroken about sending her there. Brain Injury Alliance helped me understand how to advocate for my wife with the hospital and the insurance company for the appropriate intensive brain injury rehabilitation. My wife came directly home after 6 weeks in that program and was able to be part of our family! I am back to work, and she is once again able to care for our young children who would have missed her dearly if she had

to go to a nursing home for long term care. I don't want to be in a world where Brain Injury Alliance is not available for families after an accident or illness causes a brain injury."—Robert | Sierra Vista, Arizona



"My brother has been on a difficult journey after a he sustained a head injury at work. He became addicted to his pain medication and it lead to legal involvement. Brain Injury Alliance of Arizona has been there for us. They provided support groups and education for family members. They taught us how to use Crisis Intervention Services instead of 911. I know they are just a call

away whatever comes up in the future."

—Laverne | Bullhead City, Arizona

BIAAZ.org | info@biaaz.org 888•500•9165 statewide neuro info-line