



PAX in Arizona 2019-2024

Using a traumainformed approach

Teaching behavior as a skill set

Creating a
Nurturing
Environment

Establishing reliable and consistent adults



PAX programming provides evidence-based strategies for all adults who work with or care for young people.

PAX can be integrated for daily use at school, in the community, or at home and provides improved behavioral, academic and lifetime outcomes for young people and improved workforce development and caregiver skills for caring adults.



Statewide school- and community-based initiative



The Need for Population-level Prevention

- In the years leading up to the initiative:
 - Thousands of suspected opioid overdoses
 - Inequitable access to prevention strategies
 - Overstressed and underprepared workforce
 - All amplified with the onset of the pandemic and quarantine

Fruth, J., Irving, C., Fechner, A., & Embry, D. (2024). Population-level PAX: Prevention programming across the youth system of care. *Journal of Education and Social Policy*, 11(1).



Over 50 independent studies confirm an array of proximal and distal outcomes, including reductions in mental, emotional, and behavioral disorders.



PAX programming provided trauma-informed, evidence-based programming in schools and the community:

- Increased high school graduation and college entrance
- Reduced risk of mental, emotional, and behavioral disorders
- Decreased opioid and other drug misuse
- Decreased suicide

System of Care Approach

- AHCCCS supported implementing PAX across the youth system of care
- Educators, Human Service Professionals, Youth Development Professionals, Parents and Caregivers
- Trauma-informed evidence-based prevention at population level
- Including tribal, rural, and underresourced populations



Fruth, J., Irving, C., Fechner, A., & Embry, D. (2024). Population-level PAX: Prevention programming across the youth system of care. *Journal of Education and Social Policy*, 11(1).



Increased academic performance

Improve behavioral outcomes

Improve lifetime outcomes

The PAX Good Behavior Game® utilizes Evidence-based Kernels to teach self-regulation and positive behavior as a skill set.

Teachers implement the *evidence-based* **PAX Good Behavior Game** through typical classroom procedures.

<u>7.542</u>



For PAX educators who work with children in schools.

Trained in School-based PAX

2019 - 2024



For PAX educators to expand and improve their PAX implementations.

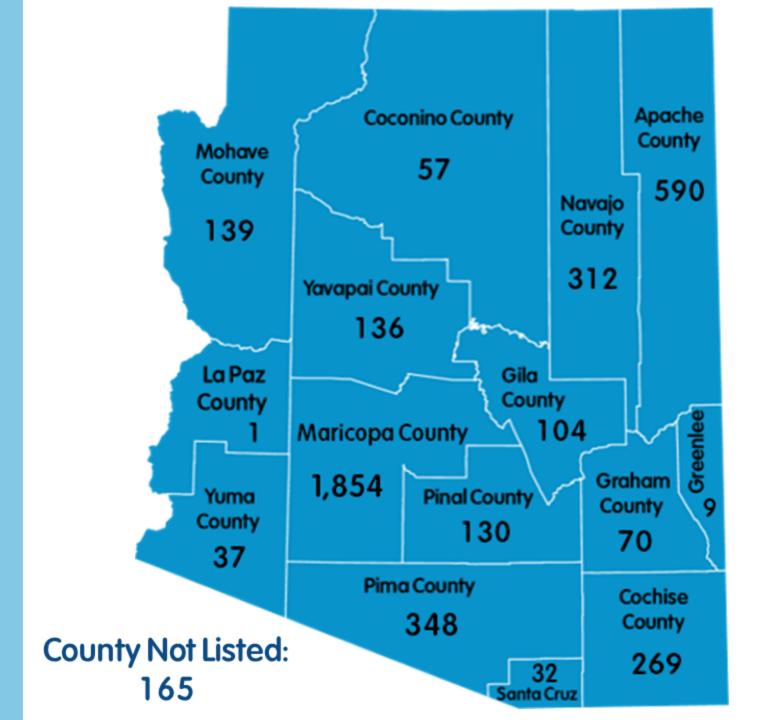
283



For internal and external providers who support educators.

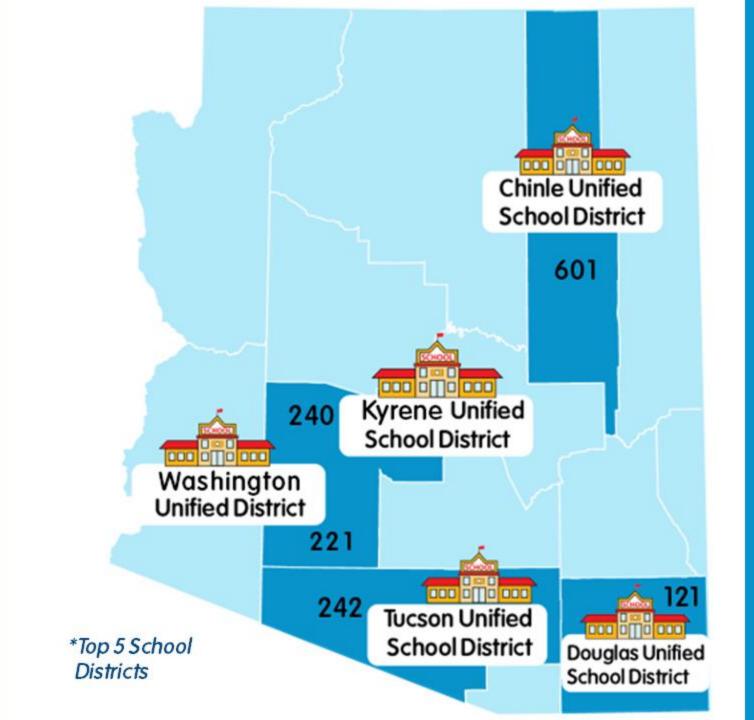
PAX GBG trained by County

Maricopa	1,854
Apache	590
Navajo	312
Pima	348
Cochise	269
Mohave	139
Pinal	130
Yavapai	136
Gila	104
Coconino	57
Graham	70
Yuma	37
Santa Cruz	32
Greenlee	9
LaPaz	1



PAX GBG Trained by School District

- Chinle Unified School District 601
- Tucson Unified School District 242
- Kyrene Unified School District 240
- Washington School District 221
- Douglas Unified School District 121
- Saddle Mountain Unified School District - 90
- Southwest Keys Programs 73
- Gilbert Unified School District 73
- Miami Unified School District 64
- Glendale Unified School District 62
- Sierra Vista Unified School District 60





By the numbers...

7,542

Arizona educators trained in PAX GBG since 2019

188,550

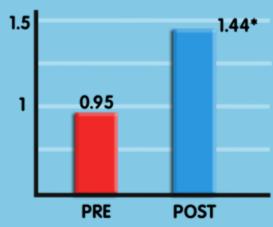
Arizona students impacted each year

15%

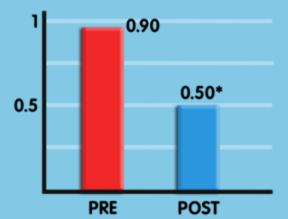
Of the Arizona public and charter K-6 teachers represented



Increase in support and consideration of peers for children in PAX classrooms



Reduction in aggressive behavior for children in PAX classrooms



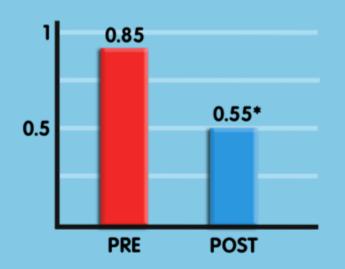
Outcomes and Benefits

feel confident in their understanding and ability to use PAX strategies

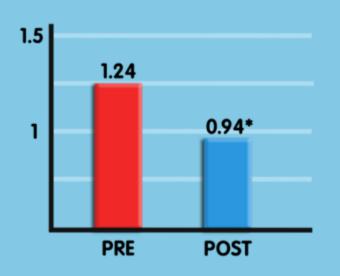
PAX strategies help support students with behavior needs

saw improvement in standardized test preparation

Reduction in symptoms of depression for children in PAX classrooms



Reduction in off-task, inattentive behaviors for children in PAX classrooms



Outcomes and Benefits

PAX GBG works well with existing schoolwide initiatives

confident using PAX with children with behavioral needs

82% students need fewer corrections during the day



Trauma informed

Evidence based

Culturally responsive

PAX Tools® is a set of strategies that utilize Evidence-based Kernels to improve cooperation and relationships among children and adults.

PAX Tools strategies promote selfregulation and result in reduced conflict, improved climate, and decreased risk for mental, emotional, and behavioral disorders.

<u> 1.810</u>



For human service professionals who work directly with youth.

<u>583</u>



For health and community educators who work with parents and caregivers in their communities.

<u>450</u>



For youth workers, volunteers, and part-time staff who work directly with youth.

819



For parents, grandparents, and foster and kinship caregivers.

Trained in Community-based PAX

2019 - 2024



100%

Look to stay in the youth work field after using PAX Tools

- AZ PAX Tools for Youth Workers 2019-2024

"I think it will be well received by the families we serve in our rural community. The information is clear and the recipe for each strategy/tool is easy to follow step-by-step."

- PAX Tools for Community Educators

Outcomes and Benefits

confident in using PAX Tools with the young people they work with

PAX Tools for Youth Workers

99%

PAX Tools strategies are appropriate for the children in their care

PAX Tools for Caregivers

89%

noticed improvements in their own wellbeing since using PAX Tools

- PAX Tools for Human Services

PAX Programming for All Settings





Thank you for your PAX!

Visit paxis.org for more information.

Or use the QR Code to contact us!

Email <u>info@paxis.org</u> for any questions about PAXIS Institute.











