Aging and Disability Services Administration

- In-Home Services
  - Personal Care
  - Home Health Aid
  - Housekeeping
  - Home Delivered Meals
  - Home Nursing
  - Congregate Meals
  - Adult Day Care
  - Transportation
- Family Caregiver Services
- Health Promotion/Disease Prevention
- Nutrition Services
- State Health Insurance Assistance Program/Senior Medicare Patrol
- State Long Term Care Ombudsman
- Senior Community Service Employment Program
- Legal Services Assistance
What is an Aging State Plan?

- Covers a four-year planning period, 2019-2022
- Outlines the goals and objectives of the Division of Aging and Adult Services (DAAS) and incorporates the state departments that were involved in Aging 2020
- Guides service delivery to the aging and disabled populations
- Coordinates the Aging Network with other networks and resources
**Goal 1:** Streamline access for all eligible adult Arizonans to the integrated array of quality care available by all state aging services and promote resources for individuals that are physically and sensory challenged.

- Facilitate an interagency approach towards a comprehensive system that allows older adults to remain as independent as possible.
- Increase access to healthcare and other social services for seniors of all socio-economic levels.
- Provide information and promote understanding of options, benefits, and available services through a variety of formats.
- Ensure the highest quality of care and service through active monitoring, assessment and training.
**Goal 2: Increase awareness and understanding of aging issues and help prepare Arizona for an aging population.**

- Provide culturally appropriate information in a variety of formats to older adults and their families to promote a broad understanding of issues that arise as we age and how to address them.
- Promote gerontological studies in all disciplines to address aging issues through a multidisciplinary approach.
- Educate and prepare the public and private sectors about the value and needs of older Arizonans.
**Goal 3**: Increase the ability of adult Arizonans to maintain their individual well-being and safety, in order to remain active, healthy and living in their communities.

- Promote healthy lifestyles, resulting in less long-term illness and reduced mortality from preventable and chronic diseases.
- Support aging services and programs that promote independence and self-determination of choices for older adults.
Goal 4: Strengthen Arizona’s economy by fostering an integrated and well-trained informal, paraprofessional and professional workforce.

• Promote new and existing strategies to improve community safety for older adults.
• Strengthen efforts to prevent and respond to reports of elder mistreatment.
• Provide support for families to care for their loved ones at home and in the community.
Goal 5: Enhance the state’s capacity to develop and maintain the necessary infrastructure to deliver services in a culturally appropriate, timely and cost-effective manner.

• Provide support for families in their efforts to care for their loved ones at home and in the community.
• Develop programs and approaches to close the gaps in the state’s current aging services infrastructure and delivery system, especially to underserved areas.
• Ensure consistency among policies, procedures, regulations and statutes regarding aging services and issues.
• Promote a stable and competent workforce sufficient to meet the growing care needs in Arizona.
Arizona State Plan Partners

ARIZONA AGING 2020 PLAN

DOA
DHS
AHCCCS
Dept. of Commerce
Dept. of Housing
ADOT
AZ State Parks
AG
DES
DOC
Office of Tourism
Veteran’s Services
State Retirement System
DPS
Next State Plan on Aging

- Covers the planning period FY 2022-2026
Questions?

Contact Information:
Cindy Saverino – Aging and Disability Services Program Administrator
(602) 319-1182, CSaverino@azdes.gov

Thank You!