Introduction & Overview

Megan Word

Chief of Community Engagement
FSL Mission

To provide home and community-based services and develop energy-efficient, affordable housing to promote health, independence and dignity for all.

FSL Vision

A caring community that promotes the health and well-being of all.
We are a non-profit organization working to improve the quality of life for vulnerable adults and those that care for them.

We are doing this by providing services in 4 key areas, across TWENTY SEVEN different programs.
FSL
Founded in Phoenix in 1974

- Legal Name: Foundation for Senior Living
- Phoenix Metro and State-wide
- Services for Arizonans of All Ages
- Qualifying Organization for AZ Tax Credit
The Focus

- A Safe Home
- Nutritious Meals
- Health & Wellness
- Caregiver Support
Our Impact

SAFE HOME for 1,098 Arizonans each night

NUTRITIOUS MEALS for 1,166 Arizonans each day

Community-based HEALTHCARE for 3,461 Arizonans each year

115,051 hours of RESPITE CARE each year
More than 7M low-income families do not have an affordable place to call home

- 25 Multi-Family Communities
- 126 Single-Family Homes in S Phoenix
- Workforce Housing coming soon to Wickenburg – Casa del Sol – Palm Drive & North Tegner Street
- Home Improvements programs
  - Weatherization Accessibility Modifications
Affordable Rental Apartment Living

- 25 Apartment Communities; 1 under construction (Flagstaff)
- Older Adults, Adults with disabilities
- Studios, 1 & 2 bedrooms
- Utilities included
Nutritious Meals

1 in 7 Arizonans struggle with hunger

- Home-Delivered Meals
- Congregate Meals
  - Meets social needs in addition to nutritional
- Food Pantries
  - 357,468 pounds distributed last year
  - Provides essential toiletry items and cleaning supplies
Community-based Healthcare

87% of Americans want to grow old at home but need help in order to do so

- 17 Residential Behavioral Health Homes
- Medicare-certified Home Health
- Assistance from Hospital to Home
  - Dignity Health Hospitals
  - ReCreación - Adult Day Health Services
    - Medical care and supervision during the day
    - Respite for caregivers helps keep families together
Caregiver Support

61.6M Americans are currently providing care to a loved one; many don’t know help is available

- Education Series for Family Caregivers
- Care By Design®
  - Community resource navigation
- Respite for Caregivers
  - In-Home and Community-Based Services

Participants of the “Ha-Ha Spa” at the Jamboree of Joy event for family caregivers
Impacts of Pandemic

• Temporary Program Closures
• Increased Demand for Meals
  • Congregate packaged for delivery/pick-up
• Administering Emergency Funding
  • City of Phoenix/Wildfire, Wickenburg, NW Valley CAP
• Workforce Challenges
• Pause on non-medical Homecare
Questions

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