

Reach 4 Resilience

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STRENGTH Court

- Succeed Through Resilience – Empower New Growth Through Hope
- STRENGTH Court provides a coordinated, multidisciplinary, person-centered, therapeutic approach to respond to the needs of youth who are victims of sex trafficking involved with the court
- STRENGTH Court is designed to help survivors of sex trafficking to receive services and help the youth's recovery.
- Collaboration is key in STRENGTH Court hearings. Various members of the youth's team* are present for every hearing.
 - **Youth's team may include attorneys, survivor mentors, parents/guardians, DCS, probation, High Needs Case Manager (HNCM), etc. if applicable*

STRENGTH Youth

Youth who are survivors of sex trafficking have experienced a multitude of traumas including relational trauma. Observable trauma responses include difficulty with:

Building and maintaining relationships and natural supports

Trusting professionals and relationships

Reengaging with age-appropriate activities and health peer relationships

Utilizing strategies for problem-solving, planning, and creating realistic goals

Regulating emotional responses

Advocating for their needs

Completing their educational goals

Finding safe employment

Reach 4 Resilience

Reach 4 Resilience (R4R) is a court program that aims to decrease barriers and provide positive outcomes for youth.

- Youth who are victims of sex trafficking may have an **increased likelihood of systemic and individual barriers** that can prevent them from maximizing tools, services, and supports provided to navigate the delinquency and/or dependency system.
- R4R provides a dedicated Program Specialist who will support the youth by attending every STRENGTH Court hearing and connect with the youth's established team, research additional services and supports, will meet with the youth individually, and advocate on their behalf.

Supporting Youth

When assigned to work with a youth, the Program Specialist will:

- Support their goals, big or small and work with them to move the goals forward
- Connect the youth to their community
- Help them identify, maintain and/or increase their natural supports
- Support their creative outlets by providing art supplies curated to their preferences
- Make sure the youth's voice is heard at every step along the way

Supporting a Youth's Team

When assigned to work with a youth, the Program Specialist will support the team by:

- Encouraging team member communication and inclusion (i.e decreasing silos) by
 - Creating and utilizing team email chains
 - Facilitating team meetings and professional staffings
 - Ensuring the right people are at the table
- Providing resources and support to system partners informing of services in the community
- Problem-solving systemic issues with the team based on experiences with other youth and their teams.
- Identifying gaps within the team, researching solutions and connecting the team with the appropriate service or support person

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